

Donna's Workshops for February 2012

For those of you who could not make some of these workshops in the fall or in January, they are being offered again for the last time until in the year. Here is the schedule. All workshops are \$40.00 per person. Lots to choose from, let your heart guide you! D.



CREATING RELATIONSHIP WITH THE CHILD WITHIN

So much is talked about now about "inner communication" and our "Inner Child" and our "wounded child". Ever wonder why and what that is all about?

In Ho'no pono, Dr. Hew Len says that the relationship with our Inner Child is THE most important relationship that we will ever have!

Well, in this half day workshop, we will explore this whole subject and do exercises to strengthen or re connect you to that child inside. With this connection can come many different effects: playfulness, creativity, solution finding, emotional healing and Divine Connection!

Give Your Self the gift of truly knowing
the many layers of you.
Begin with this Inner Child Self and
see where it can lead you.

Join us!

Saturday February 4th,
9:30 am to 12:30 pm
My Home, Waasis NB
\$40.00 per person.

DISCOVER YOUR ANGEL WINGS:

Using a karma releasing exercise that orders the energies in your life to release and replace AND using another exercise that actively frees you from your limitations, we uncover and open You to the You that You came here to be.

Pre registration is required since each participant will also receive a short, five minute channeled message about your gifts, to take home.

Tuesday February 7th, 1:00 pm to 4:00 pm

\$40.00 per person

**This Orgasm workshop is so popular, we will keep offering it,
as long as there is interest!**

**Imagine our world where all the women are able to access
the Divine goddess within and help balance
the Mind and Heart Self and then of our Planet!**

UNFOLDING INTO DIVINE ORGASM:

We will use energy exercises to discover and connect the second heart of the Woman to her Heart Chakra, allowing the intellect and the emotions to begin to create more balance in the body and in the life.

As well, we will explore the connection between the Divine Energies and the sexual orgasm. Nothing physical happens in the workshop; experiencing a Divine Orgasm is your homework.

Learn to use the creative life giving potential found in the Womb energies, in Your Life.

Sunday February 12th,

1:30 pm to 4:30 pm. **Open to Women only.**

\$40.00 per Goddess!

MEET YOUR GUIDES/ANGELS:

We will discuss and explore the idea of guides and their purpose. Exercises will be used to create a connection with your guides/angels and begin communication with them.

Each participant will also receive a short, five minute channeled message from or about your guides/angels, to take home.

Saturday February 18th,

9:30 am to 12:30 pm.

OR

Tuesday February 28th,

1:00 pm to 4:00 pm.

\$40.00 per person each workshop.

UNDERSTAND AND EXPERIENCE CHANNELING

In this workshop we will come to understand what channelling is, how and why it works. We will explore how you can connect to your channelling abilities using automatic writing. The last hour, we will have a group channeling and everyone may receive a message OR ask a question of channel. The group channeling will be recorded and be made available to all participants for download.

Tuesday February 21st,

1:00 pm to 4:00 pm.

\$40.00 per person.

UNDERSTAND YOUR METHOD OF SELF SABOTAGE

How often have you wondered why this or that plan/idea did not work out? You were so sure! It felt right. You did the visualization exercise as "they" said? And still, no results.

Join us on and explore the possibility that there is a part of Your Self, working against You. Come to understand how You sabotage Your Self and how to make peace with that part of Your Self.

Pre registration is required since each participant will also receive a short, five minute channeled message about your method of sabotage, to take home.

Saturday February 25th,

9:30 am to 12:30 pm.
\$40.00 per person.

Offered from our heart to yours! D.

2012 Has arrived!

Our year to expand and allow the energies of the Earth, herself, to work with our changing natures. Time to "be" different. May the Creator gently guide You through Your Changes.

From Our Heart to Yours

Donna Somerville

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May we assist You through Your changing times, please visit our website to see how we can be of service. www.donnasomerville.com